



**May 2025****Coastal Community Senior Center****180 Marine Street St. Augustine, FL 32084**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Coastal Community Center Program Coordinators</b> <b>Myra Fisher</b> <b>Suzanna Reed</b> <a href="mailto:mfisher@stjohnscoa.com">mfisher@stjohnscoa.com</a> <a href="mailto:sreed@stjohnscoa.com">sreed@stjohnscoa.com</a> <b>904-209-3636</b>			<b>1 8:30 BP Check w/Grace</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>2</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Wii Bowling</b> <b>10:00 Market Day</b> 11:30 Lunch
<b>5</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 BP w/Wildflower</b> <b>9:30 Strength w/Frank</b> <b>10:00 Brain Challenge w/Marlene</b> 11:30 Lunch	<b>6</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>9:30 Nutritional Education</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>7</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Strength w/Frank</b> <b>10:00 Red Cross w/Diane</b> <b>Community Preparedness</b> 11:30 Lunch	<b>8 8:30 BP w/Cammie</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>9 Mother's Day Raffle</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Wii Bowling</b> <b>9:45 Trip to Coffee Shop</b> 11:30 Lunch
<b>12</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Strength w/Frank</b> <b>10:00 Healthy Eating and Food Pantry w/Nelson</b> 11:30 Lunch	<b>13 Haircuts w/Keith</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>14</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Strength w/Frank</b> <b>10:00 Library Master Gardner Jane Palmer - Herbs</b> 11:30 Lunch	<b>15 8:30 BP Check w/Grace</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>16</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Wii Bowling</b> <b>10:00 Shine Preventing Healthcare Fraud &amp; Abuse w/Carrie</b> 11:30 Lunch
<b>19</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Strength w/Frank</b> <b>10:00 Music w/Rod</b> 11:30 Lunch	<b>20</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>21</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Strength w/Frank</b> <b>10:00 Feeding Northeast Florida</b> 11:30 Lunch	<b>22 8:30 BP Check w/Grace</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>9:30 Nutritional Education</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>23</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Wii Bowling</b> <b>10:00 Wildflower w/Cammie &amp; Candice</b> 11:30 Lunch
<b>26 COA closed for</b> 	<b>27 Haircuts w/Keith</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>28 Birthday Bash</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Strength w/Frank</b> <b>10:00 Ballroom Dancing w/Scott</b> 11:30 Lunch	<b>29 8:30 BP Check w/Grace</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>30</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Wii Bowling</b> <b>10:00 FPL Presentation</b> <b>10:00 Megan Wall RH</b> 11:30 Lunch