Menu Meals On Wheels ♦ June 2025 ♦ 209-3693

Please call by noon the day before to schedule or cancel a reservation

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Monday	Tuesday	Wednesday	Thursday	Friday
2nd Cheese Stuffed Shells smothered in Red Sauce, and Seasonal Vegetables	3rd Hamburger Steak smothered in Gravy, Seasonal Vegetables, and Rice	4th Chef Salad w/ Turkey, Lettuce, Grape Tomatoes, Carrots, and Southern Style Macaroni Salad	5th BBQ Chicken, Seasonal Vegetables, Baked Beans, and Dinner Roll	6th Tuna Sandwich, Lettuce, Tomato, Pickle Spear, and Signature Potato Salad
9th Baked Ziti, Seasonal Vegetables, and Peach Cobbler	10th Chicken Enchiladas, Beans, and Spanish Rice	11th Italian Pasta Salad, and Broccoli Salad	12th Pot Roast smothered in gravy, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll	13th Turkey Salad Croissant w/Lettuce, Tomato, Pickled Beet Salad, and Fresh Fruit
16th BBQ Pork Sandwich, Baked Beans, and Seasonal Vegetables	17th Taco Salad, Lettuce, Tomato, Black Olives, Red Onion, Salsa, and Corn Chips	18th Pork Chop, Mashed Potatoes, Mushroom Gravy, and Broccoli	18th Holiday Closed	20th Chicken Tender, Seasonal Vegetables, and Macaroni Cheese
23rd Stuffed Bell Peppers, Roasted Potatoes, and Seasonal Vegetables	24th Spaghetti smothered in Italian Meat Sauce, and Seasonal Vegetables	25th All Beef Hot Dog, Sauerkraut, and Tater Tots	26th Oven Roasted Turkey, Sweet Potato, Seasonal Vegetables, and Dinner Roll	27th Chicken Salad on a Bed of Lettuce, Tomatoes, Carrots, Pea Salad, and Captain Wafer Crackers
30th Baked Fish, Seasonal Vegetables, and Rice	July 1 st Glazed Ham, Pineapple, Roasted Potatoes, Seasonal Vegetables, and Dinner Roll			

* Each Meal includes fruit and low fat milk *

St. Johns Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.