

Menu Meals On Wheels

◆ *May 2025* ◆

209-3693

Please call by noon the day before to schedule or cancel a reservation

****All menu items are subject to change according to availability.****

Monday	Tuesday	Wednesday	Thursday	Friday
			1 st Baked Ziti, and Seasonal Vegetables	2 nd Tuna Sandwich, Lettuce, Tomato, Pickle, and Potato Chips
5 th Chicken Tenders, Seasonal Vegetables, Baked Beans, and Dinner Roll	6 th Chicken Enchiladas, Beans, and Spanish Rice	7 th Pot Roast smothered in gravy, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll	8 th Italian Pasta Salad, and Broccoli Salad	9 th Turkey Salad Croissant w/Lettuce, Tomato, Pickled Beet Salad, and Fresh Fruit
12 th BBQ Pork Sandwich, Baked Beans, and Seasonal Vegetables	13 th Taco Salad, Lettuce, Tomato, Black Olives, Red Onion, Salsa, and Corn Chips	14 th Breaded Pork Chops, Mashed Potatoes, Mushroom Gravy, and Broccoli	15 th BBQ Chicken, Macaroni Cheese, and Green Beans	16 th Beef Stew, Lima Beans, Baked Apples, and Biscuit
19 th Stuffed Bell Peppers, Parsley Potatoes, and Seasonal Vegetables	20 th Roast Beef Salad, Lettuce, Tomato, Cheese, and Dinner Roll	21 st Baked Fish, Seasonal Vegetables, and Dinner Roll	22 nd Chicken Cordon Blue, Seasonal Vegetables, and Wild Rice	23 rd Spaghetti smothered in Italian Meat Sauce, Yellow Squash, and Italian Green Beans
26 th Holiday Closed	27 th All Beef Hot Dog, Sauerkraut, and Tater Tots	28 th Smoked Sausage & Rice, Baked Beans, and Baked Apples	29 th Chicken Sandwich, Lettuce, Sliced Tomato, Pickle, and Signature Potato Salad	30 th Turkey Tetrazzini, and Seasonal Vegetables

** Each Meal includes fruit and low fat milk **

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.