


July 2025**Coastal Community Senior Center****180 Marine Street St. Augustine, FL 32084**

Monday	Tuesday	Wednesday	Thursday	Friday
Coastal Community Center Program Coordinators Myra Fisher Suzanna Reed mfisher@stjohnscoa.com sreed@sjohnscoa.com 904-209-3636	1 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	2 8:30 Coffee Chat 9:00 Cards & Games 9:30 Silver Sneakers 10:00 OT Students 11:30 Lunch	3 BP check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	4 The COA is closed for 
7 8:30 Coffee Chat 9:00 Cards & Games 9:30 BP w/Wildflower 9:30 Tai Chi w/Sean 10:00 Music w/Lisa Victoria 11:30 Lunch	8 Haircuts w/Keith 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	9 8:30 Coffee Chat 9:00 Cards & Games 9:30 Silver Sneakers 10:00 Library tech question 10:00 UF Health w/Lauren 11:30 Lunch	10 BP check w/Cammie 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	11 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Feeding NE Florida using spices 11:30 Lunch
14 8:30 Coffee Chat 9:00 Cards & Games 9:30 Tai Chi w/Sean 10:00 PT Students Evaluation 11:30 Lunch	15 8:30 Coffee Chat 9:00 Cards/Games 9:30 Nutritional Education 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	16 8:30 Coffee Chat 9:00 Cards & Games 9:30 Silver Sneakers 10:00 OT Students 11:30 Lunch	17 BP check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	18 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Music w/Sherry & Ray 11:30 Lunch
21 8:30 Coffee Chat 9:00 Cards & Games 9:30 Tai Chi w/Sean 10:00 PT Students Evaluation 11:30 Lunch	22 Haircuts w/Keith 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	23 8:30 Coffee Chat 9:00 Cards & Games 9:30 Silver Sneakers 10:00 OT Students 11:30 Lunch	24 BP check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Nutritional Education 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	25 Christmas in July Raffle 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Brain Challenge w/Marlene 11:30 Lunch
28 8:30 Coffee Chat 9:00 Cards & Games 9:30 Tai Chi w/Sean 10:00 PT Students Special Topics 11:30 Lunch	29 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	30 Birthday Bash!! w/Ivan 8:30 Coffee Chat 9:00 Cards & Games 9:00 OT Students 10:00 Party Time!!!! 11:30 Lunch	31 BP check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch	