


**July 2025****Coastal Community Senior Center****180 Marine Street St. Augustine, FL 32084**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Coastal Community Center Program Coordinators</b> <b>Myra Fisher</b> <b>Suzanna Reed</b> <a href="mailto:mfisher@stjohnscoa.com">mfisher@stjohnscoa.com</a> <a href="mailto:sreed@sjohnscoa.com">sreed@sjohnscoa.com</a> <b>904-209-3636</b>	<b>1</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>2</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Silver Sneakers</b> <b>10:00 OT Students</b> 11:30 Lunch	<b>3 BP check w/Grace</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>4 The COA is closed for</b> 
<b>7 8:30</b> Coffee Chat 9:00 Cards & Games <b>9:30 BP w/Wildflower</b> <b>9:30 Tai Chi w/Sean</b> <b>10:00 Music w/Lisa Victoria</b> 11:30 Lunch	<b>8 Haircuts w/Keith</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>9 8:30</b> Coffee Chat 9:00 Cards & Games <b>9:30 Silver Sneakers</b> <b>10:00 Library tech question</b> <b>10:00 UF Health w/Lauren</b> 11:30 Lunch	<b>10 BP check w/Cammie</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>11 8:30</b> Coffee Chat 9:00 Cards & Games <b>9:30 Wii Bowling</b> <b>10:00 Market Day</b> 11:30 Lunch
<b>14 8:30</b> Coffee Chat 9:00 Cards & Games <b>9:30 Tai Chi w/Sean</b> <b>10:00 PT Students Evaluation</b> 11:30 Lunch	<b>15 8:30</b> Coffee Chat 9:00 Cards/Games <b>9:30 Nutritional Education</b> <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>16</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Silver Sneakers</b> <b>10:00 OT Students</b> 11:30 Lunch	<b>17 BP check w/Grace</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>18 8:30</b> Coffee Chat 9:00 Cards & Games <b>9:30 Wii Bowling</b> <b>10:00 Music w/Sherry &amp; Ray</b> 11:30 Lunch
<b>21 8:30</b> Coffee Chat 9:00 Cards & Games <b>9:30 Tai Chi w/Sean</b> <b>10:00 PT Students Evaluation</b> 11:30 Lunch	<b>22 Haircuts w/Keith</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>23</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Silver Sneakers</b> <b>10:00 OT Students</b> 11:30 Lunch	<b>24 BP check w/Grace</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Nutritional Education</b> <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>25 Christmas in July Raffle</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:30 Wii Bowling</b> <b>10:00 Brain Challenge w/Marlene</b> 11:30 Lunch
<b>28 8:30</b> Coffee Chat 9:00 Cards & Games <b>9:30 Tai Chi w/Sean</b> <b>10:00 PT Students Special Topics</b> 11:30 Lunch	<b>29</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	<b>30 Birthday Bash!! w/Ivan</b> 8:30 Coffee Chat 9:00 Cards & Games <b>9:00 OT Students</b> <b>10:00 Party Time!!!!</b> 11:30 Lunch	<b>31 BP check w/Grace</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch	