

# COA Clubs and Meetings Held at UF Health Nocatee

The COA strives to offer a variety of interest groups to meet the community's needs. See below for details. Anyone age 18+ years of age is welcome to attend. Please register in advance by calling 904-814-9407 or via email to [pbrunell@stjohnscoa.com](mailto:pbrunell@stjohnscoa.com).

## Tuesdays

**Widows:** A social group meeting the 2nd and 4th Tuesday of every month from 11:00 a.m. to 12:30 p.m. Please register in advance to receive information on meetings and outings.

**Caregiver Support Group:** A weekly meeting for caregivers to discuss current issues and offer support. This group meets every Tuesday from 1:00 to 2:30 p.m. and is led by a trained facilitator.

**Open Card Play:** Every Tuesday at 1:00, bring cards, bring friends, play whatever game you prefer. No instructor present.

## Wednesdays

**Open Art:** Bring your art or craft project and work on it with friends. Get new ideas and socialize with like-minded people. This group meets every Wednesday from 9:30 to 11:30 a.m.

**Parkinson's Meet, Greet & Learn:** On the first Wednesday of each month person's living with Parkinson's and/or their care partners are welcome to join us from 3:00 to 4:30 p.m. Each month we have special speakers, resources and socialization.

**Mah Jongg Meetup:** Play with experienced players from 1:00 to 4:00 p.m. every Wednesday, except the 3rd Wednesday of the month which meets from 3:00 to 6:00 p.m.

**Genealogy Group:** Meets on the 3rd Wednesday of each month from 1:00 to 2:30 p.m.. All level of genealogy interest are welcome to attend. This group is lead by a genealogy expert Jan Micklos.

