

Tuesday		Wednesday		Thursday		Friday	
1st	<b>9:30 Chair Exercise</b> 10:00 Canasta! <b>10:00 Mexican Train Dominoes</b> <b>11:00 “Hurricane Preparedness”</b> <b>presented by SJC Emergency Mgmt</b> 12:00 Lunch* 1:00-2:00 BINGO*	2nd	<b>9:30–12:30 Open Painting</b> 9:30-12:00 Social Bridge <b>10:00 Let’s Play Board Games</b>	3rd	<b>9:30 Chair Exercise (walk 9:15)</b> 10:00 Wii Bowling 10:00 Canasta! <b>10:00 Tai Chi w/Dennis</b> <b>11:00 “Let’s Play Jeopardy!” hosted by</b> <b>Deborah Hall w/Understood Care</b> 12:00 Lunch* 1:00-2:00 BINGO*	4th	<b>Closed for Holiday</b> 
8th	<b>9:30 Chair Exercise</b> 10:00 Canasta! <b>10:00 Mexican Train Dominoes</b> <b>11:00 Toastmasters Presentations</b> 12:00 Lunch* 1:00-2:00 BINGO*	9th	<b>9:30-12:30 Open Painting</b> 9:30-12:00 Social Bridge <b>10:00 Let’s Play Board Games</b> <b>1:00-4:00 Coastal Friends Samba*</b> (Private)	10th	<b>9:30 Chair Exercise (walk 9:15)</b> 10:00 Wii Bowling 10:00 Canasta! <b>10:00 Tai Chi w/Dennis</b> <b>11:00 “Cruise Party” with Denise Bolton,</b> <b>Discovery Commons San Pablo</b> 12:00 Lunch* 1:00-2:00 BINGO*	11th	<b>10:00 Mah Jongg</b> <b>10:30-11:30 Tap Dance Class*</b> 12:00-3:00 Duplicate Bridge*
15th	<b>9:30 Chair Exercise</b> 10:00 Canasta! <b>10:00 Mexican Train Dominoes</b> <b>11:00 Chair Yoga with Madison</b> <b>Santiago, Tailored Home Care</b> 12:00 Lunch* 1:00-2:00 BINGO*	16th	<b>9:30-12:30 Open Painting</b> 9:30-12:00 Social Bridge <b>10:00 Let’s Play Board Games</b>	17th	<b>9:30 Chair Exercise (walk 9:15)</b> 10:00 Wii Bowling 10:00 Canasta! <b>10:00 Tai Chi w/Dennis</b> <b>11:00 “Jivin’ with Ivan” Birthday Party</b> 12:00 Lunch* 1:00-2:00 BINGO*	18th	<b>10:00 Mah Jongg</b> <b>10:30-11:30 Tap Dance Class*</b> 12:00-3:00 Duplicate Bridge*
22nd	<b>9:30 Chair Exercise</b> 10:00 Canasta! <b>10:00 Mexican Train Dominoes</b> <b>11:00 Gardening Tips &amp; Tricks with</b> <b>Master Gardener Barbara Purple</b> 12:00 Lunch* 1:00-2:00 BINGO*	23rd	<b>9:30–12:30 Open Painting</b> 9:30-12:00 Social Bridge <b>10:00 Let’s Play Board Games</b> <b>1:00-4:00 Coastal Friends Samba*</b> (Private)	24th	<b>9:30 Chair Exercise (walk 9:15)</b> 10:00 Wii Bowling 10:00 Canasta! <b>10:00 Tai Chi w/Dennis</b> <b>11:00 PAFR with Clerk Brandon Patty</b> 12:00 Lunch* 1:00-2:00 BINGO*	25th	<b>10:00 Mah Jongg</b> <b>10:30-11:30 Tap Dance Class*</b> 12:00-3:00 Duplicate Bridge*
29th	 Closed for Flooring Installation	30th	 Closed for Flooring Installation	Please Note: Due to the installation of new flooring, the center will be closed for 2 weeks: July 28 <sup>th</sup> – August 8 <sup>th</sup> . We plan to re-open Tuesday, August 12 <sup>th</sup> provided no issues arise.		***Please don’t forget to make your lunch reservations a week in advance, or call to cancel the day before if you’re not coming in*** 	