

January



Classes at River House
179 Marine Street, St. Augustine
Please Register Online at
coasjc.coursestorm.com
For more information call
904 209 3655
Monday - Thursday



Monday

Sculpt, Stride & Stretch with Katie Smith 9 - 10:30
Gentle Yoga with Scott Farber 9:15 - 10:45
Jewelry Wire Wrapping Class with Kathy Tengesdahl 10 - 12
Chair Yoga with Becky Dawson 11 - 12
Drawing 1 with David Ouellette 11:30 - 1
Embody Ageless Vitality with Sharon Infante 12 - 1
Zumba Gold (Lower Impact) with Angela Engel 12:15 - 1:15
Ballet with Judy Woodruff 1:30 - 3
Art Journal Project: Creating My Own Color Palette on Jan. 5 with Liz Monaco 1:30 - 3:30
Art Journal Project: Journal Cover Designs on Jan. 12 with Liz Monaco 1:30 - 3:30
Art Journal Project: Hand Lettering and Where to Add It on Jan. 26 with Liz Monaco 1:30 - 3:30
Functional Body Strength with Katie Smith 2:15 - 3:15
Healthy Living Course on Jan. 12 with Sharon Infante 2 - 3



Tuesday

Balance & Stretching with Katie Smith 9 - 10
Know Before You Go Fishing Clinic Series with Donna Frantz 9 - 10:30
Gentle Yoga with Scott Farber 9:15 - 10:15
Spanish for Beginners with Maria Martinez 10 - 11:30
Singing with Abigail Dyer 10:15 - 11:15
Tai Chi / Qigong with Scott Farber 10:30 - 11:30
Watercolor 1 with David Ouellette 10:45 - 12:45
Zambra Mora Dance Class with Gina Marie Newman 11:45 - 12:45
Intermediate Spanish with Maria Martinez 11:45 - 1:15
Band Jam Class with Dennis Fermin 1 - 2:30
Mah Jongg for Beginners with Marcia Farrell 1 - 3
Bringing Back Your Brain and Restoring Brain Health on Jan. 20 with Lynn Ringhaver 1:30 - 2:30
Acrylic Art Class with Heather Harley-Davidson 1:30 - 3:30
Sound Vibrational Frequency (Sound Bath) with Sharon Infante 2:30 - 3:30



Wednesday

iPhone: 20 Perhaps Surprising Things You Can Do With It with Jim Cargilo 9 - 10
Fishing with Donna Frantz 9 - 11 (2 dates to choose from)
Gentle Yoga with Scott Farber 9:15 - 10:15
Ukulele 1 for Beginners with Dennis Fermin 9:45 - 11:15
Art of Meditation with Scott Farber 10:30 - 11:30
Chair Yoga with Becky Dawson 10:30 - 11:30
Guitar 1 for Beginners with Dennis Fermin 11:30 - 1
Marjorie Kinnan Rawlings' Life on the First Coast on Jan. 14 with Casey Wooster noon to 1
Trust Your Intuition with Kate Werner 12:30 - 1:30
Tap Dancing Level 3 with Judy Woodruff 1:30 - 3:00
The Herbal Pharmacy with James Carucci 2:30 - 3:30
Functional Body Strength with Katie Smith 2:45 - 3:45



Thursday

Chair Yoga with Becky Dawson 9 - 10
Belly Dance Basics and Beyond with Gina Marie Newman 9:30 - 10:30
Irving Berlin: America's Favorite Songwriter with Thomas Hischak 10 - 11:15
Tai Chi and Qigong with Sharon Infante 10:30 - 11:30
Belly Dance Basics Level 1 with Gina Marie Newman 10:45 - 11:45
Portraits in Colored Pencil with Liz Monaco 11 - 1 (this will continue into Feb.)
Sculpt, Stride & Stretch with Katie Smith 12 to 1:30
Think Differently with Kate Werner 12:30 - 1:30
Colored Pencil Art with Liz Monaco 1:30 - 3:30
Tap Dancing Level 1 & 2 with Judy Woodruff 2 - 3