



Monday	Tuesday	Wednesday	Thursday	Friday
	Coastal Community Center Program Coordinators Myra Fisher Suzanna Reed mfisher@stjohnscoa.com sreed@stjohnscoa.com 904-209-3636		1 The COA is closed for 	2 The COA is closed for the day after New Years!
5 8:30 Coffee Chat 9:00 Cards & Games 9:30 BP w/Wildflower 9:30 Tai Chi w/Sean 10:00 Library Tec w/Susan 10:00 Senior of the Month 11:30 Lunch	6 8:30 Coffee Chat 9:00 Cards & Games 9:30 Exercise w/Bob 10:00 Bingo 11:30 Lunch	7 8:30 Coffee Chat 9:00 Cards & Games 9:15 Yoga w/Maiga 10:00 Bee (honey) and Tea Presentation w/June 11:30 Lunch	8 BP w/Cammie 8:30 Coffee Chat 9:00 Cards/Games 9:30 Exercise w/Bob 10:00 Bingo 11:30 Lunch	9 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 10:00 Market Day 11:00 Nutritional Education 11:30 Lunch
12 8:30 Coffee Chat 9:00 Cards & Games 9:30 BP w/Wildflower 9:30 Tai Chi w/Sean 10:00 Watercolor w/Robin 11:30 Lunch	13 Haircuts w/Keith 8:30 Coffee Chat 9:00 Cards & Games 9:30 Exercise w/Bob 10:00 Bingo 11:30 Lunch	14 8:30 Coffee Chat 9:00 Cards & Games 9:15 Yoga w/Maiga 10:00 Book Club 10:00 You Be the Judge 11:30 Lunch	15 BP w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Exercise w/Bob 10:00 Bingo 11:30 Lunch	16 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 10:00 Music w/Lou Parisi 11:30 Lunch
19 The COA is closed for 	20 8:30 Coffee Chat 9:00 Cards & Games 9:30 Exercise w/Bob 10:00 Bingo 11:30 Lunch	21 8:30 Coffee Chat 9:00 Cards & Games 9:15 Yoga w/Maiga 10:00 Music w/Bo 11:30 Lunch	22 BP w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Exercise w/Bob 10:00 Bingo 11:30 Lunch	23 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 10:00 Brain Challenge w/Marlene 11:30 Lunch
26 8:30 Coffee Chat 9:00 Cards & Games 9:30 BP w/Wildflower 9:30 Tai Chi w/Sean 10:00 Prescription information w/Tina 11:30 Lunch	27 Haircuts w/Keith 8:30 Coffee Chat 9:00 Cards & Games 9:30 Exercise w/Bob 10:00 Bingo 11:30 Lunch	28 Birthday Bash!!! 8:30 Coffee Chat 9:00 Cards & Games 9:15 Yoga w/Maiga 10:00 Music w/Lisi 11:30 Lunch	29 BP w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Exercise w/Bob 9:30 Nutritional Education 10:00 Bingo 11:30 Lunch	30 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 10:00 Too Much Drama w/Charlene 11:30 Lunch