

Monday	Wednesday	Friday	
<p>2 Groundhog Day 9:00 Gardening Class Please join us on the bench out front! 10:00 Dance Class 10:30 Crochet Circle 11:00 Singing Sessions with Annette Danielson</p>	<p>4 National Send a Card to a Friend Day 10:00 Aerobic Exercise 10:30 Community Hospice 12:45 Social Committee Meeting</p>	<p>6 National Wear Red Day for Heart Health 9:30-11:00 Digital Literacy Class 10:00 Yoga with Cara 11:00 Fun and Games- Corn Hole</p>	<p>Every Monday 9:30 Coffee Chat 10:00 Exercise 10:45 Games & Dominoes 11:45 Lunch 12:15 Trivia 12:45 Clean up, Sanitize, Prep</p>
<p>9 Super Bowl Sunday Day After 9:00 Gardening Class Please join us on the bench out front 10:00 Dance Class 10:30 Crochet Circle 11:00 Singing Sessions with Annette Danielson</p> 	<p>11 Make a Friend Day Tell us One thing about a new friend. 10:00 Aerobic Exercise 11:00 Learn about the CARE Program thru the Sheriff's Department 12:45 Advisory Council Meeting</p>	<p>13 Valentines Day - Valentines Party- Wear Red and White 9:30-11:00 Digital Literacy Class 10:00 Yoga with Cara 11:00 Community Health Program/ Diabetes</p> 	<p>Every Wednesday 9:30 Coffee Chat 10:00 Exercise 10:30 Presentations 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>16 Closed for Presidents Day</p> 	<p>18 Ash Wednesday 10:00 Aerobic Exercise 10:30 Tina Brophil St Johns COA Prescription Assistance Program</p>	<p>20 National Margarita Day 10:00 Yoga with Cara 11:00 Fun and Games- Corn Hole</p> <p>12:00 Birthday Celebration Sponsored by Capital City Bank</p>	<p>Every Friday 9:30 Coffee Chat 10:00 Yoga Class 11:00 Presentations 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>23 National Tootsie Roll Day 9:00 Gardening Class Please join us on the bench out front 10:00 Dance Class 10:30 Crochet Circle 11:00 Singing Sessions with Annette Danielson</p>	<p>25 National Chocolate Covered Nut Day 10:30 Feeding Northeast Florida Cooking Demonstration 10:30 Wildflower Healthcare BP Checks & Chat with Nurse</p>	<p>27 Black History Month 10:00 Yoga with Cara 11:00 Fun and Games- Corn Hole</p> 	<p>Hastings Program Coordinator: Lorain Vinson lvinson@stjohnscoa.com 904-209-3694 Program Assistant Michelle Brannen</p>