

Menu


Meals On Wheels

February ♦ 2026 ♦

209-3693

Please call by noon the day before to schedule or cancel a reservation by noon the day before.

****All menu items are subject to change according to availability. ****

Monday	Tuesday	Wednesday	Thursday	Friday
2nd Cheese, Sausage, Peppers, and Onion Sub, and Seasonal Vegetables	3rd Baked Fish, Collard Greens, and Macaroni & Cheese	4th Spaghetti smothered in Italian Meat Sauce, and Seasonal Vegetables	5th Oven Roasted Chicken, Seasonal Vegetables, and Wild Rice	6th Shepard's Pie, Seasonal Vegetables, and Dinner Roll
9th Hot Opened Faced Turkey Sandwich, Mashed Potatoes, and Seasonal Vegetables	10th Glazed Ham, Sweet Potatoes, Seasonal Vegetables, and Dinner Roll	11th Chicken Fettuccine Alfredo, Roasted Brussel Sprouts, and Seasonal Vegetables	12th Salisbury Steak, Roasted Potatoes, Seasonal Vegetable, and Dinner Roll	13th Breaded Fish Fillet, Vegetable Medley, Lima Beans, and Wild Rice
16th 	17th Chicken Enchilada's, Beans and Rice	18th Chili, Seasonal Vegetables, and Rice	19th Chicken Pot Pie, and Seasonal Vegetables	20th BLT Salad, Three Bean Salad, and Croissant
23rd Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	24th All Beef Hot Dog, Sauerkraut, and Roasted Potatoes	25th Chicken Parmesan over Pasta, Seasonal Vegetables, and Garlic Toast	26th Oven Fried Pork Chop, Scalloped Potatoes, Seasonal Vegetables, and Dinner Roll	27th Tuna Sandwich, Lettuce, Tomato, Pickle, and Signature Potato Salad

**** Each Meal includes fruit and low fat milk ****

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.