

Menu
Meals On Wheels
February ♦ 2026 ♦
209-3693

Please call by noon the day before to schedule or cancel a reservation by noon the day before.

All menu items are subject to change according to availability.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 2nd Cheese, Sausage, Peppers, and Onion Sub, and Seasonal Vegetables | 3rd Baked Fish, Collard Greens, and Macaroni & Cheese | 4th Spaghetti smothered in Italian Meat Sauce, and Seasonal Vegetables | 5th Oven Roasted Chicken, Seasonal Vegetables, and Wild Rice | 6th Shepard's Pie, Seasonal Vegetables, and Dinner Roll |
| 9th Hot Opened Faced Turkey Sandwich, Mashed Potatoes, and Seasonal Vegetables | 10th Glazed Ham, Sweet Potatoes, Seasonal Vegetables, and Dinner Roll | 11th Chicken Fettuccine Alfredo, Roasted Brussel Sprouts, and Seasonal Vegetables | 12th Salisbury Steak, Roasted Potatoes, Seasonal Vegetable, and Dinner Roll | 13th Breaded Fish Fillet, Vegetable Medley, Lima Beans, and Wild Rice |
| 16th  | 17th Chicken Enchilada's, Beans and Rice | 18th Chili, Seasonal Vegetables, and Rice | 19th Chicken Pot Pie, and Seasonal Vegetables | 20th BLT Salad, Three Bean Salad, and Croissant |
| 23rd Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll | 24th All Beef Hot Dog, Sauerkraut, and Roasted Potatoes | 25th Chicken Parmesan over Pasta, Seasonal Vegetables, and Garlic Toast | 26th Oven Fried Pork Chop, Scalloped Potatoes, Seasonal Vegetables, and Dinner Roll | 27th Tuna Sandwich, Lettuce, Tomato, Pickle, and Signature Potato Salad |

*** Each Meal includes fruit and low fat milk ***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.