



Classes at River House  
179 Marine Street, St. Augustine  
Please Register Online at  
[coasjc.coursestorm.com](http://coasjc.coursestorm.com)  
For more information call  
904 209 3655  
Monday - Thursday



Monday

Sculpt, Stride & Stretch with Katie Smith 9 - 10:30  
**Gentle Yoga with Scott Farber 9:15 - 10:45**  
Container Gardening and New Beginnings on March 9 with Karen Doyle 9:15 - 11:15  
**Jewelry Wire Wrapping Class with Kathy Tengesdahl 10 - 12**  
Chair Yoga with Becky Dawson 11 - 12  
**Embody Ageless Vitality with Sharon Infante 12 - 1**  
Zumba Gold (Lower Impact) with Angela Engel 12:15 - 1:15  
**Genealogy Course with Paul Howes 12:45 - 1:45**  
Ballet with Judy Woodruff 1:30 - 3  
**Journal Projects: Creating Page Pockets and Hidden Tucks on March 2 with Liz Monaco 1:30 - 3:30**  
**Journal Projects: Floral Fodder on March 9 with Liz Monaco 1:30 - 3:30**  
**Journal Projects: Using Napkins in Your Journals on March 16 with Liz Monaco 1:30 - 3:30**  
**Journal Projects: Using Book Pages on March 23 with Liz Monaco 1:30 - 3:30**  
**Journal Projects: Hidden Paper Clips on March 30 with Liz Monaco 1:30 - 3:30**  
Functional Body Strength with Katie Smith 2:15 - 3:15  
**Healthy Living Course on March 16 with Sharon Infante 2 - 3**



Tuesday

Balance & Stretching with Katie Smith 9 - 10  
**Know Before You Go Fishing Clinic Series with Donna Frantz 9 - 10:30**  
Gentle Yoga with Scott Farber 9:15 - 10:15  
**Fishing on March 31 with Donna Frantz 9 - 11**  
Spanish for Beginners with Maria Martinez 10 - 11:30  
**Easter Caroling with Abigail Dyer 10:15 - 11:15**  
Tai Chi / Qigong with Scott Farber 10:30 - 11:30  
**Drawing 1 with David Ouellette 10:45 - 12:45**  
Zambra Mora Dance Class with Gina Marie Newman 11:45 - 12:45  
**Intermediate Spanish with Maria Martinez 11:45 - 1:15**  
Line Dance with Ann Murdock 1 - 2  
**Jamming to the Classics - Ukulele / Guitar Combo! with Dennis Fermin 1 - 2:30**  
Mah Jongg for Beginners with Marcia Farrell 1 - 3  
**Acrylic Art Class with Heather Harley-Davidson 1:30 - 3:30**  
Sound Vibrational Frequency (Sound Bath) with Sharon Infante 2:30 - 3:30



Wednesday

**Fish For Dinner: How to Clean Your Catch on March 4 with Donna Frantz 9 - 10:30**  
**Watercolor 1 with David Ouellette 9 - 11**  
iPhone: Some Surprising Things You Can Do With It with Jim Cargilo 9:15 - 10:15  
**Gentle Yoga with Scott Farber 9:15 - 10:15**  
Ukulele 2 for Beginners with Dennis Fermin 9:45 - 11:15  
**Art of Meditation with Scott Farber 10:30 - 11:30**  
Chair Yoga with Becky Dawson 10:30 - 11:30  
**Guitar 2 for Beginners with Dennis Fermin 11:30 - 1**  
Chess as a Mechanism of Happiness on March 11 with Estelle Thibodeau 12 - 1  
**Planting the Seeds with Kate Werner 12:30 - 1:30**  
STA Strong BHO (Osteoporosis) on March 11 with Nicole Tristram 1:30 - 2:30  
**Tap Dancing Level 3 with Judy Woodruff 1:30 - 3:00**  
Book Club on March 4 with Peter Gaspar 2 - 3:30  
**Herbs and Nutrition with James Carucci 2:30 - 3:30**  
Functional Body Strength with Katie Smith 2:45 - 3:45



Thursday

Chair Yoga with Becky Dawson 9 - 10  
**Belly Dance Basics and Beyond with Gina Marie Newman 9:30 - 10:30**  
The Musical World of Henry Mancini with Thomas Hischak 10 - 11:30  
**Tai Chi and Qigong with Sharon Infante 10:30 - 11:30**  
Belly Dance Basics Level 1 with Gina Marie Newman 10:45 - 11:45  
**Watercolor Techniques with Liz Monaco 11 - 1**  
Sculpt, Stride & Stretch with Katie Smith 12 to 1:30  
**Think Differently with Kate Werner 12:30 - 1:30**  
Colored Pencil Art with Liz Monaco 1:30 - 3:30  
**Tap Dancing Level 1 & 2 with Judy Woodruff 2 - 3**