

Menu Meals On Wheels

April ♦ 2026 ♦

209-3693

Please call by noon the day before to schedule or cancel a reservation by noon the day before.

****All menu items are subject to change according to availability.****

Monday	Tuesday	Wednesday	Thursday	Friday
		1st Chicken Parmesan over Spaghetti, Seasonal Vegetables, and Cobbler	2nd Herb Crusted Pork Loin smothered in Mushroom Gravy, Seasonal Vegetables, and Rice Pilaf	3rd COA Holiday Closed <i>Friday</i>
6th Tuna Sandwich, Lettuce, Tomato, Pickle, and Signature Potato Salad	7th Baked Chicken, Roasted Potatoes, Seasonal Vegetables, and	8th Beef Stroganoff over Egg Noodles, and Seasonal Vegetables	9th Turkey Salad Sandwich, Lettuce, Sliced Tomato, and Pickled Beet Salad	10th Dirty Rice, and Seasonal Vegetables
13th Pulled Pork Sandwich, Baked Beans, and Cabbage	14th Chicken Taco Salad, Lettuce, Tomato, Black Olives, Red Onion, Salsa, and Corn Chips	15th Baked Pork Chop, Roasted Sweet Potato, Seasonal Vegetables, and Dinner Roll	16th Beef Stew, Lima Beans, Baked Apples, and Biscuit	17th Chicken Tenders, Macaroni & Cheese, and Green Beans
20th Stuffed Bell Peppers, Parsley Potatoes, and Seasonal Vegetables	22nd Spaghetti smothered in Italian Meat Sauce, Seasonal Vegetables, and Seasonal Vegetables	23rd Breaded Fish, Seasonal Vegetables and Rice Pilaf	24th Oven Roasted Turkey, Seasonal Vegetables, and Dinner Roll	25th Chicken Salad on a Bed of Crisp Lettuce, Grape Tomatoes, Cucumbers, Pea Salad, Fresh Fruit, and Wafer Crackers
27th All Beef Hot Dog, Sauerkraut and Roasted Potatoes	28th Baked Ham, Sliced Pineapple, Steamed Cabbage, Sweet Potatoes, and Dinner Roll	29th Chicken Sandwich, Lettuce, Sliced Tomato, Pickle, and Potato Chips	30th Smoked Sausage & Rice, Baked Beans, and Baked Apples	<i>May 1st</i> Stuff Shells smothered with Sauce, Vegetable Medley, and Seasonal Vegetables

**** Each Meal includes fruit and low-fat milk ****

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.