

Menu Meals On Wheels

March ♦ 2026 ♦

209-3693

Please call by noon the day before to schedule or cancel a reservation by noon the day before.

****All menu items are subject to change according to availability. ****

Monday	Tuesday	Wednesday	Thursday	Friday
2nd Pot Roast, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll	3rd Cheesy Chicken smothered in Caramelized Mushrooms & Onions, and Seasonal Vegetables	4th Beef Stew, Seasonal Vegetables, and Baked Apples	5th Cheese, Sausage, Peppers, and Onion Sub, Creamy Cole Slaw, and Tater Tots	6th BBQ Chicken, Seasonal Vegetables, Fresh Sweet Potato and Cornbread
9th Lasagna, and Seasonal Vegetables	10th Baked Fish, Collard Greens, and Macaroni & Cheese	11th Spaghetti smothered in Italian Meat Sauce,	12th Oven Roasted Chicken, Seasonal Vegetables, and Wild Rice	13th Shepard's Pie, Seasonal Vegetables, and Dinner Roll
16th Hot Opened Faced Turkey Sandwich, Mashed Potatoes, and Seasonal Vegetables	17th Italian Sub, Lettuce, Sliced Tomato, Onion, Three Bean Salad, and Fresh Fruit	18th Corned Beef & Cabbage, New Potatoes, Carrots, and Dinner Roll	19th Salisbury Steak, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll	20th Fish Fillet, Vegetable Medley, Lima Beans, and Wild Rice
23rd Chicken Enchilada's, Beans and Rice	24th Chili, Seasonal Vegetables, and Rice	25th Baked Pork Chop smothered in Gravy, Scalloped Potatoes, Seasonal Vegetables, and Dinner Roll	26th Chicken Pot Pie, and Seasonal Vegetables	27th BLT Salad, Pickled Beets, and Croissant
30th Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	31st All Beef Hot Dog, Sauerkraut, and Roasted Potatoes			

**** Each Meal includes fruit and low fat milk ****

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.