


Monday	Wednesday	Friday	
	<p><b>1 April Fool's Day</b> 10:00 Aerobic Exercise</p> <p>12:45 Social Committee Meeting</p>	<p><b>3 CLOSED FOR GOOD FRIDAY</b></p> 	<p><u>Every Monday</u> 9:30 Coffee Chat 10:00 Exercise 10:45 Games &amp; Dominoes 11:45 Lunch 12:15 Trivia 12:45 Clean up, Sanitize, Prep</p>
<p><b>6 National Caramel Popcorn Day</b></p> <p>9:00 Gardening Please join us for a talk with "Seedy Sharon" 9:30. 10:00 Singing/Crochet Circle 10:00-11:45 <b>A Matter of Balance</b> 10:30- 11:30 USAH Students</p>	<p><b>8 National Zoo Lovers Day</b> 10:00 Aerobic Exercise 10:30 <b>Heart Healthy Classes-DASH Diet</b> 10:00-11:45 <b>A Matter of Balance</b> 12:45 Advisory Council Meeting</p>	<p><b>10 National Sibling Day</b> 10:00 Yoga with Cara</p> <p>1:00 <b>Against the Wind Images/</b> Photography Class Intro</p> 	<p><u>Every Wednesday</u> 9:30 Coffee Chat 10:00 Exercise 10:30 Presentations 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p><b>13 National Silly Earring Day</b> 9:00 Gardening Please join us for a talk with "Seedy Sharon" 9:30. 10:00 Singing/Crochet Circle 10:00-11:45 <b>A Matter of Balance</b> 10:30- 11:30 USAH Students</p>	<p><b>15 National Wear Your Pajamas to Work Day/Let's Wear Your PJ's</b> 10:00 Aerobic Exercise -Library Staff</p> <p>10:30 Jeopardy 10:00-11:45 <b>A Matter of Balance</b></p>	<p><b>17 World Circus Day</b></p> <p>10:00 Yoga with Cara 11:00 <b>Vicky Oakes</b> Supervisor of Elections/ Current changes in our elections</p>	<p><u>Every Friday</u> 9:30 Coffee Chat 10:00 Yoga Class 11:00 Presentations 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p><b>20 National Look Alike Day</b> 9:00 Gardening Please join us for a talk with "Seedy Sharon" 9:30. 10:00 Singing/Crochet Circle 10:30- 11:30 USAH Students</p>	<p><b>22 Earth Day</b> 10:00 Aerobic Exercise 10:30 Our Annual <b>Spring Fling</b> with our <b>Master Gardeners</b> Event. Celebrating the beginning of Spring with plantings and treats.</p>	<p><b>24 National Arbor Day</b> 10:00 Yoga with Cara 11:00 <b>Into the Rhythm Drumming Class Outside on the Ball Court</b> 10:30 Wildflower Healthcare BP Checks &amp; Chat with The Nurse</p>	<p>Celebrating: Earth Month Autism Acceptance Stress Awareness</p>
<p><b>27 National Superhero Day</b>, Who is your favorite Superhero? 9:00 Gardening Please join us for a talk with "Seedy Sharon" 9:30. 10:00 Singing/Crochet Circle 10:30- 11:30 USAH Students</p>	<p><b>29 National Tie Die Day</b> <b>Field Trip to Whetstones</b> Bus leaves at 9:30 and returns to the Center at 1:00</p>	<p><b>Volunteer Appreciation Party</b> <b>April 16<sup>th</sup> @ 4:00. Theme Red, White and Blue</b></p> 