

# Menu Meals On Wheels

May ♦ 2026 ♦

209-3693

***Please call by noon the day before to schedule or cancel a reservation by noon the day before.***

***\*All menu items are subject to change according to availability.\****

Monday	Tuesday	Wednesday	Thursday	Friday
				1st Stuff Shells smothered with Sauce, Vegetable Medley, and Seasonal Vegetables
4th Swedish Meatballs over Rice, and Seasonal Vegetables	5th Salisbury Steak, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll	6th Beef Soft Taco's w/ Cheese, Tomato, Salsa, and Beans & Rice	7th Tuna Sandwich, Lettuce, Tomato, Pickle, and Signature Potato Salad	8th BBQ Chicken, Seasonal Vegetables, Baked Beans, and Dinner Roll
11th Lasagna, Seasonal Vegetables, and Cobbler	12th Baked Chicken, Roasted Potatoes, and Seasonal Vegetables	13th Dirty Rice, Collard Greens, and Seasonal Vegetables	14th Beef Stroganoff over Egg Noodles, and Seasonal Vegetables	15th Turkey Salad Sandwich, Lettuce, Sliced Tomato, and Pickled Beet Salad
18th Pulled Pork Sandwich, Baked Beans, and Cabbage	19th Chicken Taco Salad, Lettuce, Tomato, Black Olives, Red Onion, Salsa, and Corn Chips	20th Chef Salad, Macaroni Salad, and Fresh Fruit	21st Beef Stew, Lima Beans, Baked Apples, and Biscuit	22nd Herb Crusted Pork Loin, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll
25th 	26th Hot Dog, Sauerkraut, and Roasted Potatoes	27th Spaghetti smothered in Italian Meat Sauce, and Seasonal Vegetables	28th Oven Roasted Turkey, Seasonal Vegetables, and Dinner Roll	29th Chicken Tender, Seasonal Vegetable, and Macaroni & Cheese

***\* Each Meal includes fruit and low-fat milk \****

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.