



Classes at River House
179 Marine Street, St. Augustine
Please Register Online at
coasjc.coursetorm.com
For more information call
904 209 3655
Monday - Thursday

River House will be closed on Monday, May 25



Monday

- Gentle Yoga with Scott Farber 9:15 - 10:15
- Container Gardening and New Beginnings on May 18 with Karen Doyle 9:15 - 11:15
- Jewelry Wire Wrapping Class with Kathy Tengesdahl 10 - 12
- Tai Chi / Qigong with Scott Farber 10:30 - 11:30
- Chair Yoga with Becky Dawson 11 - 12
- Embody Ageless Vitality with Sharon Infante 12 - 1
- Zumba Gold (Lower Impact) with Angela Engel 12:15 - 1:15
- Ballet with Judy Woodruff 1:30 - 3
- Journal Projects: Using Book Pages on May 4 with Liz Monaco 1:30 - 3:30
- Journal Projects: Making Faux Paper for Journal Pages and Covers on May 11 with Liz Monaco 1:30 - 3:30
- Journal Projects: Making Folios for Journals on May 18 with Liz Monaco 1:30 - 3:30
- Healthy Living Course on May 11 with Sharon Infante 2 - 3



Tuesday

- Know Before You Go Fishing Clinic Series with Donna Frantz 9 - 10:30
- Gentle Yoga with Scott Farber 9:15 - 10:15
- Spanish for Beginners with Maria Martinez 10 - 11:30
- Singing with Abigail Dyer 10:15 - 11:15
- Tai Chi / Qigong with Scott Farber 10:30 - 11:30
- Zambra Mora Dance Class with Gina Marie Newman 11:45 - 12:45
- Intermediate Spanish with Maria Martinez 11:45 - 1:15
- Line Dance with Ann Murdock 1 - 2
- Jamming to the Classics - Advanced Level with Dennis Fermin 1 - 2:30
- Mah Jongg for Beginners with Marcia Farrell 1 - 3
- Sound Vibrational Frequency (Sound Bath) with Sharon Infante 2:30 - 3:30



Wednesday

- Fishing on May 6 with Donna Frantz 9 - 11
- Watercolor 1 with David Ouellette 9 - 11
- iPhone: Some Surprising Things You Can Do With It with Jim Cargilo 9:15 - 10:15
- Gentle Yoga with Scott Farber 9:15 - 10:15
- Jamming to the Classics - Easy Level with Dennis Fermin 9:45 - 11:15
- Art of Meditation with Scott Farber 10:30 - 11:30
- Chair Yoga with Becky Dawson 10:30 - 11:30
- Drawing 1 with David Ouellette 11:15 - 1:15
- Guitar 2 for Beginners with Dennis Fermin 11:30 - 1
- Planting the Seeds with Kate Werner 12:30 - 1:30
- Bringing Back Your Brain and Restoring Brain Health on May 27 with Lynn Ringhaver 2:30 - 3:30
- STA Strong BHO (Osteoporosis) on May 13 with Nicole Tristram 1:30 - 2:30
- Tap Dancing Level 3 with Judy Woodruff 1:30 - 3:00
- Book Club on May 6 with Peter Gaspar 2 - 3:30



Thursday

- Chair Yoga with Becky Dawson 9 - 10
- Belly Dance Basics and Beyond with Gina Marie Newman 9:30 - 10:30
- Tai Chi and Qigong with Sharon Infante 10:30 - 11:30
- Belly Dance Basics Level 1 with Gina Marie Newman 10:45 - 11:45
- Watercolor Doodles with Liz Monaco 11 - 1
- Think Differently with Kate Werner 12:30 - 1:30
- Colored Pencil Art with Liz Monaco 1:30 - 3:30
- Apple Devices: iPhone Basics with Fred Hathorn 1:45 - 3:15
- Herbal Pharmacy: Summertime Herbal Skincare on May 21 with James Carucci 2 - 3
- Tap Dancing Level 1 & 2 with Judy Woodruff 2 - 3