

June 2024

Coastal Community Senior Center

180 Marine Street St. Augustine, FL 32084

Monday

Tuesday

Wednesday

Thursday

Friday



**Coastal Community Center
Program Coordinators
Myra Fisher
Suzanna Reed
mfisher@stjohnscoa.com
904-209-3636**

3
8:30 Coffee Chat
9:00 Cards & Games
9:30 Chair Yoga w/Maiga
10:00 OT Student Led Activities
11:30 Lunch

4
8:30 Coffee Chat
9:00 Cards/Games
9:30 Chair Exercise w/Bob
10:00 Bingo
11:30 Lunch

5
8:30 Coffee Chat
9:00 Cards/Games
9:30 **Balance w/Myra**
10:00 OT Student Led Activities
11:30 Lunch

6
8:30 BP Check w/Grace
8:30 Coffee Chat
9:00 Cards & Games
9:30 Chair Exercise w/Bob
10:00 Bingo
11:30 Lunch

7
8:30 Coffee Chat
9:00 Cards & Games
9:00 Wii Bowling
10:00 Shine Medicare Fraud
11:30 Lunch

10
8:30 Coffee Chat
9:00 Cards & Games
9:30 Exercise w/Kami
10:00 OT Student Led Activities
11:30 Lunch

11 Haircuts w/Keith
8:30 Coffee Chat
9:00 Cards/Games
9:30 Chair Exercise w/Bob
10:00 Bingo
11:30 Lunch

12
8:30 Coffee Chat
9:00 Cards/Games
9:30 **Balance w/Myra**
10:00 OT Student Led Activities
11:30 Lunch

13
8:30 BP Check w/Cammie
8:30 Coffee Chat
9:00 Cards & Games
9:30 Chair Exercise w/Bob
10:00 Bingo
11:30 Lunch

14 It's Flag Day
8:30 Coffee Chat
9:00 Cards & Games
9:00 Wii Bowling
10:00 DJ Bill Jones is back!
11:30 Lunch

17 8:30 Coffee Chat
9:00 Cards & Games
9:30 Exercise w/Kami
10:00 Nutritional Education
10:00 Petrona insurance questions one on one
11:30 Lunch

18
8:30 Coffee Chat
9:00 Cards/Games
9:30 Chair Exercise w/Bob
10:00 Bingo
11:30 Lunch

19
8:30 Coffee Chat
9:00 Cards/Games
9:30 Chair Yoga w/Maiga
10:00 Hospice Advanced Care Planning
11:30 Lunch

20
8:30 BP Check w/Grace
8:30 Coffee Chat
9:00 Cards & Games
9:30 Chair Exercise w/Bob
10:00 Bingo
11:30 Lunch

21
8:30 Coffee Chat
9:00 Cards & Games
9:00 Wii Bowling
10:00 Tale Tellers w/Margaret
11:30 Lunch

24 8:30 Coffee Chat
9:00 Cards & Games
9:30 Chair Yoga w/Maiga
10:00 OT Student Led Activities
11:30 Lunch

25 Haircuts w/Keith
8:30 Coffee Chat
9:00 Cards/Games
9:30 Chair Exercise w/Bob
10:00 Bingo
11:30 Lunch

26 8:30 Coffee Chat
9:00 Cards/Games
9:30 **Balance w/Myra**
10:00 BIRTHDAY BASH W/ROD!!
11:30 Lunch

27 **8:30 BP Check w/Grace**
8:30 Coffee Chat
9:00 Cards & Games
9:30 Chair Exercise w/Bob
10:00 Bingo
11:30 Lunch

28 8:30 Coffee Chat
9:00 Cards & Games
9:00 Wii Bowling
10:00 Nutritional Education
10:30 You Be The Judge
11:30 Lunch