Menu **Coastal Community Center ♦** July 2024 **♦** 209-3696

Please call by noon the day before to schedule or cancel a reservation

All menu items are subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
1st	2nd	3rd	4th	5th
Pulled Pork	Chicken Taco	Cheese Burger,	C.O.A.	C.O.A.
Sandwich, Corn,	Salad,	Lettuce, Tomato,	Closed in	Closed in
and Baked Beans	Lettuce, Tomato,	Onion, Pickles,	Observance of	Observance of
	Onion, Corn Chips,	and Potato Chips	Independence	Independence
	and Salsa		Day	Day
8th	9th	10th	11th	12th
Oven Fried	Meatball &	Roasted Pork,	Chicken Salad on	Pot Roast,
Chicken, Collard	Cheese Sub,	Parsley Potatoes,	a Bed of Lettuce,	Mashed Potatoes,
Greens, and	and Garden Salad	Seasonal	Tomatoes	Gravy, Seasonal
Macaroni &		Vegetables, and	Wedges, Carrot,	Vegetables, and
Cheese		Dinner Roll	and Captain	Dinner Roll
			Wafer Crackers	
15th	16th	17th	18th	19th
Italian Sub	Breaded	Chef Salad	Meatloaf,	Baked Ham
Topped with	Fillet of Fish,	w/Turkey, Cheese,	Mashed	topped with
Lettuce, Tomatoes,	Summer Squash,	Hard Boiled Egg,	Potatoes, Gravy,	Pineapple,
Onion, Pickle	Lima Beans, and	Lettuce, Tomato,	Seasonal	Seasonal
Spear, and Potato	Cornbread	Cucumbers, and	Vegetables, and	Vegetables, and
Chips		Crackers	Dinner Roll	Dinner Roll
22nd	23rd	24th	25th	26th
Country Fried	Stuffed Cabbage,	Turkey & Swiss	Tuna Salad on a	Hot Dogs, Baked
Steak, Mashed	Parsley Potatoes,	Cheese Sandwich	Bed of Lettuce,	Beans, and Cole
Potatoes, Gravy,	and Seasonal	w/Lettuce, Sliced	Tomato, Carrots,	Slaw
Vegetable Medley,	Vegetables	Tomato, Pickle,	and Macaroni	
and Dinner Roll		and Pea Salad	Salad	
29th	30th	31st		
Spaghetti	Ham & Cheese	Chicken Wrap,		
smothered in	Sandwich, Lettuce,	Lettuce, Tomato,		
Italian Meat	Tomato, Pickles,	and Potato Salad		
Sauce, Caesar	and Creamy			
Salad, and Garlic	Cole Slaw			
Bread				

* Each Meal includes fruit and low fat milk *

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.