## Menu Hastings Senior Center **∮** July 2024 **∮** 209-3694

## Please call by noon the day before to schedule or cancel a reservation

\*All menu items are subject to change according to availability.\*

MONDAY	WEDNESDAY	FRIDAY
1st Pulled Pork Sandwich, Corn, and Baked Beans	3rd Cheese Burger, Lettuce, Tomato, Onion, Pickles, and Potato Chips	5th C.O.A. Closed in Observance of Independence Day
8th Oven Fried Chicken, Collard Greens, and Macaroni & Cheese	Roasted Pork, Parsley Potatoes, Seasonal Vegetables, and Dinner Roll	Pot Roast, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll
15th Italian Sub Topped with Lettuce, Tomatoes, Onion, Pickle Spear, and Potato Chips	17th Chef Salad w/Turkey, Cheese, Hard Boiled Egg, Lettuce, Tomato, Cucumbers, and Crackers	19th Baked Ham topped with Pineapple, Seasonal Vegetables, and Dinner Roll
22nd Country Fried Steak, Mashed Potatoes, Gravy, Vegetable Medley, and Dinner Roll	24th Turkey & Swiss Cheese Sandwich w/Lettuce, Sliced Tomato, Pickle, and Pea Salad	26th Hot Dogs, Baked Beans, and Cole Slaw
29th Spaghetti smothered in Italian Meat Sauce, Caesar Salad, and Garlic Bread	31st Chicken Wrap, Lettuce, Tomato, and Potato Salad	

\* Each Meal includes fruit and low fat milk \*

## Located at: Al Wilke Community Center, 6150 S. Main Street, Hastings FL 32145

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.