

Monday	Wednesday	Friday	
<p>1 National Gingersnap Day/National Joke Day</p> <p>9:00 Gardening at the Harris Center 10:00 Exercise 10:30 USAHS Occupational Therapy Students</p>	<p>3 Fourth of July Celebration</p> <p>10:00 Hastings Branch Library Aerobic Exercise 10:30 Preventing Healthcare Fraud and Abuse/ Elder Source 12:45 Social Committee Meeting</p>	<p>5</p> <p>COA CLOSED FOR HOLIDAY</p> 	<p>Every Monday</p> <p>9:30 Coffee Chat 10:00 Exercise 10:45 Games & Dominoes 11:45 Lunch 12:15 Trivia 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>8 National Freeze Pop Day</p> <p>9:00 Gardening at the Harris Center 10:00 Exercise 10:30 Games</p> 	<p>10 National Pina Colada Day</p> <p>10:00 to 1:00 AARP Safe Driver Class - Please plan to come to both classes.</p> <p>12:45 Advisory Council Meeting</p>	<p>12 Pecan Pie Day</p> <p>10:00 to 1:00 AARP Safe Driver Class - Please plan to come to both classes.</p> 	<p>Every Wednesday</p> <p>9:30 Coffee Chat 10:00 Exercise 10:30 Presentations 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>15 National Give Something Away Day</p> <p>9:00 Gardening at the Harris Center 10:00 Exercise 10:30 Games</p>	<p>17 National Yellow Pig Day</p> <p>The Buddy Bus @ Library 10 to 2</p> <p>10:00 Hastings Branch Library Aerobic Exercise 10:30 Jeopardy at The Hastings Branch Library Birthday Celebration Sponsored by Capital City Bank</p>	<p>19 Wear your Pearls Day</p> <p>10:00- Cooking for Wellness with Wendy at the Hastings Branch Library</p> <p>11:00 Yoga with Maiga</p>	<p>Every Friday</p> <p>9:30 Coffee Chat 10:00 Yoga Class 11:00 Presentations 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>22 National Mango Day</p> <p>9:00 Gardening at the Harris Center 10:00 Exercise 10:30 Games</p>	<p>24 National Cousin Day/ COA Cookout - Burgers and Dogs</p> <p>10:00 Hastings Branch Library Aerobic Exercise 10:30 Our Cookout</p>	<p>26 Summer Olympics 2024</p> <p>10:00 Yoga with Maiga</p> <p>11:00 Art with Janet Gallagher Sponsored by Simply Healthcare</p>	<p>Hastings Program Coordinator: Lorain Vinson lvinson@stjohnscoa.com 904-729-9161</p>
<p>29 Our Summer Fling</p> <p>9:00 Gardening at the Harris Center 10:00 Monarch Butterfly Waystation Celebration. Please wear butterflies.</p>	<p>31 National Watermelon Day</p> <p>10:00 Hastings Branch Library Aerobic Exercise 10:30 Fraud Prevention SJCS 10:30 Wildflower Healthcare BP Checks & Chat with Nurse Jean</p>		