THE PLAYERS Community Senior Center 175 Landrum Lane, Ponte Vedra Beach, FL







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Tuesday	Wednesday	Thursday	Friday
Please don't forget to make your unch reservations, or call to cancel the lay before if you're not coming in*		1st NEW! 9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 11:00 Home Instead 12:00 Lunch* 1:00-2:00 BINGO*	10:00 Mah Jongg 12:00-3:00 Duplicate Bridge*
9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 FREE Haircuts! 12:00 Lunch* 1:00 BINGO*	7th 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 11:30 Alzheimer's Support Group 4:00-5:30PM Line Dancing Class*	8 th NEW! 9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 10:00 FREE Blood Pressure Check 11:00 National Happiness Day! 12:00 Lunch* 1:00-2:00 BINGO*	9 th 10:00 Mah Jongg 12:00-3:00 Duplicate Bridge*
13th 9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 10:30 Shuffleboard with Steve 11:00: Senior Olympics 12:00 Lunch* 1:00 BINGO*	9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class*	15th NEW! 9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 11:00 SJC Fire and Rescue 12:00 Lunch* 1:00-2:00 BINGO*	10:00 Mah Jongg 12:00-3:00 Duplicate Bridge*
9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 Community Hospice 12:00 Lunch* 1:00 BINGO*	9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class*	22 nd NEW! 9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 11:00 Birthday Party! 12:00 Lunch* 1:00-2:00 BINGO*	10:00 Mah Jongg 12:00-3:00 Duplicate Bridge*
9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 10:30 Shuffleboard with Steve 11:00 Cooking Demonstration 12:00 Lunch* 1:00 BINGO*	9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class*	29th NEW! 9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 11:00 SJC Legal Aid 12:00 Lunch* 1:00-2:00 BINGO*	10:00 Mah Jongg 12:00-3:00 Duplicate Bridge*