## THE PLAYERS Community Senior Center

Tuesday	Wednesday	Thursday	Friday
2 <sup>nd</sup> 9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 10:30 Shuffleboard with Steve 11:00 Humana 12:00* Independence Day Lunch! 1:00 BINGO*	3 <sup>rd</sup> 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 11:30 Alzheimer's Support Group 4:00-5:30PM Line Dancing Class *	4 <sup>th</sup> CLOSED FOR 4 <sup>TH</sup> OF JULY	5 <sup>th</sup> 10:00 Mah Jongg 10:30-11:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
9 <sup>th</sup> 9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 TBA 12:00 Lunch* 1:00 BINGO*	10 <sup>th</sup> 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class*	11 <sup>th</sup> NEW! 9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 10:00 FREE Blood Pressure Check 11:00 Community Hospice 12:00 Lunch* 1:00-2:00 BINGO*	12 <sup>th</sup> 10:00 Mah Jongg 10:30-11:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
16 <sup>th</sup> 9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 10:30 Shuffleboard with Steve 11:00: Birthday Party ~ Live Music! 12:00 Lunch* 1:00 BINGO*	17 <sup>th</sup> 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class*	18th 9:30 Chair Exercise   10:00 Wii Bowling 10:00 Tai Chi w/Dennis   10:00 Canasta 10:00 Canasta   11:00 Queen Bee Honey & Tea 12:00 Lunch*   1:00-2:00 BINGO* 1:00-2:00 BINGO*	19 <sup>th</sup> 10:00 Mah Jongg 10:30-11:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
23 <sup>th</sup> 9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 Who's Who? Photo Contest 12:00 Lunch* 1:00 BINGO*	24 <sup>th</sup> 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class*	25 <sup>th</sup> NEW! 9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 11:00 COA IMEP (Memory Program) 12:00 Lunch* 1:00-2:00 BINGO*	26 <sup>th</sup> 10:00 Mah Jongg 10:30-11:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
30 <sup>th</sup> 9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 10:30 Shuffleboard with Steve 11:00 Cooking Demonstration 12:00 Lunch* 1:00 BINGO*	31 <sup>st</sup> 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class*		***Please don't forget to make your lunch reservations, or call to cancel the day before if you're not coming in***

904-209-3659